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A Clubhouse for Grandmas, in a Book

New Chicken Soup for the Soul collection celebrates and entertains grandmothers of all ages

COS COB, Conn. – When Roz Warren became a grandmother, her friend posted “Welcome to the world’s best club” on Facebook. Every grandmother understands that. After years of hearing about how being a grandmother changes you, Roz discovered it was true, as she writes in one of her stories in a new collection of stories, *Chicken Soup for the Soul: Being Grandma* (March 10, 2026, 978-1-61159-129-3, \$16.99), which the iconic publisher describes as “a clubhouse for grandmas.”

“Perfect love sometimes does not come until the first grandchild” according to an old Welsh proverb. And unconditional love fills the pages of Chicken Soup for the Soul’s latest book for grandmothers, along with plenty of laughs and wonderful lessons. Grandmothers of all ages, whether their grandchildren are in diapers or all grown up, will feel appreciated as they read these 101 stories about the reward for all those years of parenting—the joy of being a grandmother or even a great-grandmother.

Even experienced grandmothers will tear up when they read the stories for new grandmothers, about those first precious moments with their newborn grandchildren, as they relive their own memories. The stories written by grandchildren provide a wonderful perspective too, as they express their love and admiration for their grandmothers and describe how they have changed their lives.

Even when things don’t go exactly as planned it’s still fun—like when Linda Fawke thought she was buying another edition of *Where’s Waldo* for her grandson (called *Where’s Wally* in the UK where she lives) and instead presented him with a risqué spoof called *Where’s Willy!* And grandchildren definitely make you feel young again, as Chicken Soup for the Soul’s editor-in-chief Amy Newmark describes in her story about taking three of her young grandsons and their parents to Disney World. There, she and her husband jumped on all the rides, hugged all the Disney characters, and viewed the world as children for a few days. In another story, Newmark also confesses how her eight-year-old granddaughter has made her appreciate bathroom humor again as she stoops to her level and participates in saying all those “naughty” words, such as “butt.”

Grandmothers will nod their heads in recognition when they read Rachel Wolf’s story about navigating the new grandmother/new mother minefield, the one where unsolicited advice can blow up a relationship. Getting that right is a struggle for most grandmothers, and the book contains a few stories about how to balance your desire to help with new parents’ desire to set their own policies.

There’s plenty more wisdom and creative advice in these pages, something to entertain and inspire every grandma who’s a member of this very special club.

ABOUT CHICKEN SOUP FOR THE SOUL

Chicken Soup for the Soul publishes the famous *Chicken Soup for the Soul* book series. With well over 100 million books sold to date in the U.S. and Canada, more than 300 titles, and translations into more than 40 languages, the phrase “chicken soup for the soul” is known worldwide and is regularly referenced in pop culture. Today, 33 years after it first began sharing happiness, inspiration and hope through its books, this iconic storyteller continues to publish a new title a month. It has also evolved beyond the bookstore, with a podcast, education programs, dog and cat food, licensed products, and the Chicken Soup for the Soul streaming service.

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