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CONTACT: Shelby Janner (512) 638-6379

## The Remarkable Ways that Cats Transform Our Lives

*A New Chicken Soup for the Soul Collection Explores that Special Human–Animal Bond  
Royalties from Book Sales to Benefit American Humane*

**COS COB, Conn.** – How do cats do it? They brighten our days, act as our therapists, and become our best friends—without saying one word. They’re frequently hilarious, often heroic, and surprisingly human. And we learn so much from them. The stories that cat owners share about their feline friends are remarkable, which is why Chicken Soup for the Soul publishes a new collection of cat stories almost every year. The most recent one, *Chicken Soup for the Soul: Me and My Cat* (April 16, 2024, 978-1-611591118, \$16.99) will have cat lovers laughing, tearing up, and nodding their heads in recognition as they dive into these 101 touching, inspiring, and sometimes mindboggling stories about all the ways in which cats enrich our lives, become part of our families, and make us better people.

“It’s remarkable how much cats add to our lives,” says Amy Newmark, publisher and editor-in-chief of Chicken Soup for the Soul. “Our writers report on how their cats helped them improve their relationships, acted as natural therapists, and showed them how to overcome their own challenges. They learned how to be better humans through the examples of their cats’ loyalty, faith, forgiveness, and resilience. We chose these entertaining, though-provoking stories from our story library—stories that were not previously in a cat book—so we could present them to our readers who so enjoy our cat books.”

Chicken Soup for the Soul is donating royalties from the book to American Humane, along with the royalties from its other new book, *Chicken Soup for the Soul: Me and My Dog*, which will be published on February 6th. This is the eighth pair of books about cats and dogs that Chicken Soup for the Soul has published with royalties earmarked for American Humane. This effort is part of the company’s widespread support for animal shelters and pet adoption, including the donation of Chicken Soup for the Soul cat and dog food to shelters across the country.

In keeping with Chicken Soup for the Soul’s support for pet adoption and shelters, the 101 stories chosen for the book from thousands of submissions are not only inspirational and fun, but also feature rescued cats, including black cats and senior cats, which are often left behind at shelters. It’s part of Chicken Soup for the Soul’s mission to make people think “shelter first” when they’re considering adding a new pet to their families.

101 inspiring stories about amazing cats—and support for a great cause. It’s the perfect way to have a nice, warm serving of chicken soup during the rainy days of spring!

### ABOUT CHICKEN SOUP FOR THE SOUL

Chicken Soup for the Soul publishes the famous *Chicken Soup for the Soul* book series. With well over 100 million books sold to date in the U.S. and Canada, more than 300 titles, and translations into more than 40 languages, the phrase “chicken soup for the soul” is known worldwide and is regularly referenced in pop culture. Today, 31 years after it first began sharing happiness, inspiration and hope through its books, this socially conscious company continues to publish a new title a month. It has also evolved beyond the bookstore, with a podcast, education programs, dog and cat food, and licensed products.

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For a review copy of *Chicken Soup for the Soul: Me and My Cat* or an interview with Amy Newmark or one of the contributors, contact Shelby Janner: (512) 638-6379 or [shelby@zilkermedia.com](mailto:shelby@zilkermedia.com).